

WHERSTEAD PARISH MAGAZINE



Number 102
Spring to Summer 2018

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Barbeque Hints
Become a Lark

WHERSTEAD PARISH COUNCIL

Chairman

David Baldry
Restholme
The Strand
Wherstead
(689681)

Vice Chairman

Andrew Myers
Mustar House
Vicarage Lane
Wherstead
(686825)

Treasurer

Sarah Knibbs
Fairways
Bourne Hill
Wherstead
(690106)

Douglas Cobb
Cotswolds
Bourne Hill
(601966)

Nigel Moyes
Bourne Haven
Bourne Hill
(682397)

Terry Hooley
30 The Strand
Wherstead
(680346)

Parish Clerk - Linda Head (602679)

Room Booking Secretary
Graham Silwood (683272)
PCC Secretary/Magazine Editor
Maggie Talmer (689878)

WHERSTEAD PARISH COUNCIL

The Parish Council Meeting held on Tuesday 13th Feb 2018 at 7:30pm was attended by Messrs. Baldry (in chair), Sarah Knibbs, Doug Cobb Terry Hooley & Nigel Moyes
District/County Councillors Nicholas Ridley & Chris Hudson
Apologies were received from Andy Myers & Barry Gasper

Matters Arising

Parish Council (vacancy)

David reported that there is still a vacancy on the Parish Council for a Councillor, there is a desire for this to be someone from the top part of the village, however this is not essential. It was agreed that the PC would continue to advertise the vacancy.

Parish Clerk (change)

Sarah reported that the forms have been completed to update the bank details to include our new Parish clerk.
SCC & BDC have been contacted to advise them of our new Parish Clerk details.

4 Illegal motorcycle riding Bobbits Lane area(update)

David reported that a meeting has been arranged at the village hall on the 16th Feb at 2pm. The purpose of the meeting is for all the interested parties to come together to discuss the current situation and to see what further measures can be agreed and actioned. Simon Aldous (landowner), Andrew Fillmore (Pidgeon), James Baker (Greenways), PC Chris Garrod (Police) Christopher Hudson (SCC) & Nick Ridley BDC have all agreed to attend.

Litter pick 2018

Andy Myers has proposed the 4th April for this year's litter pick. The date was discussed and agreed. It was also agreed to organise a flyer

drop to the village and to post it on both the Parish website and Facebook page.

Financial Matters

Treasurer's report / Village Hall

Sarah presented the Treasurer's report for the Parish Council and the Village Hall to the Committee (copies of which are available with the main report).

Sarah reported that there is currently an issue obtaining Bank Statements which she is addressing. Sarah also reported that the only expenditure outstanding is for the maintenance of 'The Street' street lighting.

b – Village Hall (re-decoration update)

Re-decoration is now complete

c – Parish Clerk (thank you gift)

This has been arranged and DB to deliver.

It was proposed to refund Sarah the £60 fee for maintaining the village web site and also the £139.98 for the purchase of a printer for PC use. It was agreed that these costs would be met by the Village Hall account

Proposed: DB Seconded: DC

A proposal to fund training courses for Sarah (Treasurer training) and Linda (Parish Clerk Training) was agreed. Proposed: DC Seconded: TH

Doug proposed a tidy up of the flower beds at the bottom of Bourne Hill and suggested the PC arrange for Justin of J T Gardening Services, who regularly maintains them, to carry out the work. It was also proposed that he is also asked to clear Bourne Bridge and the verges by the roundabout at the A137 / Strand junction.

Proposed: DC Seconded: TH

d – Parish magazine

It was agreed to continue with the new printing arrangement.

Planning Matters:

a – Update on new and existing applications

David reported that there had recently been some problems with the online Babergh planning website.

b – **Klondyke Field** (update & discussion)

David reported that there was no change and that the planning application has still not been submitted.

It is still expected that Pigeon will meet with the Parish Council prior to the planning application being submitted.

c – **Vicarage Lane** (possible additional commercial development)

The Parish Council has been contacted by Fiona from Armstrong Rig (instructed by the Landowner) regarding a proposed development to extend the Business Park at Park Farm. David has arranged for the PC to meet with them on the 20/02/18 at 4pm.

Joint Local Plan Consultation - Nick Ridley advised that the timescales for the consultation have slipped.

Once the submissions from the earlier consultation have been sifted a further consultation will be arranged for early summer. It is unlikely that any of the conclusions from the Consultation will be adopted this side of the elections in 2019.

Ongoing Issues:

a – **Drainage ditch** (rear of the Strand)

David reported that the land owner has agreed third party access to the drainage ditch.

David agreed to speak with other Strand residents and Steven Hall (SCC) to try and reach a solution involving a joint effort to complete the work.

b – Strand bund wall and road drainage ditch (annual cut and clear)

David reported that the work to the bund wall is now complete. He also raised the issue of a faulty manhole lid that has been guarded but needs replacing.

Neighbourhood Watch

The issue of people sleeping rough in the village was discussed. The police have advised that where this is on private land then it is a matter for the landowner.

David reported that an individual had recently been found sleeping in a recycling bin on Bourne Bridge and in another incident a man was reported to the police after an unpleasant altercation with a Blue Cross dog walker. The issues will be raised at the next SNT forum.

Next meetings APM 7pm, AGPM 7.30pm 15th May,
The Room

There being no other business this meeting closed at 9pm

Suffolk Open Studios

Over the first four weekends in June, beginning on June 2nd, over 100 artists and galleries are showing work covering a wide range of media displaying every aspect of art today. There will be paintings, ceramics, glassware, pottery and sculpture.

Visit www.suffolkopenstudios.org to check opening times and plan your route. Check for an Open Studio on the Shotley Peninsula.



Wherstead Park Turret Clock

Sitting above the Wherstead Park Stable block is a single handed turret clock believed to date from around 1700.

Whilst it is difficult to be certain of the age of the clock the movement itself gives some clues:

- Hour hand only clocks were phased out from around 1690 when the minute hand was introduced.
- The 70 inch pendulum drives an anchor escapement which replaced the crown wheel around 1680
- The original bell was cast in 1750

The clock was previously restored in 1977 by two enthusiasts from Eastern Electricity, the owners of Wherstead Park Mansion at that time, and it was running when I moved to the village in the early 1980s. Unfortunately since that time the clock has fallen silent and is no longer in use.

The Co-Op recently allowed the clock to be inspected by Ian Coote, a Turret clock expert who confirmed the clock mechanism is complete and will run for a few minutes before the pendulum gracefully slows and eventually stops. This is due to wear in the bearings, some slight damage to the gears and the fact the mechanism needs a thorough clean.

Ian's view is that the clock is restorable and worthy of restoration as the UK Turret Clock database list 3593 turret clock of which only 54 (1.5%) are single handed.

Any restoration will probably involve the dismantling of the clock and replacement of some non original parts, cleaning and re-gilding / painting of the faces and hands.

Having spoken to some of the other residents in the village, it seems a number of people would like to see the clock restored and running again and I have therefore requested a meeting with the Co-Op to explore the possibility of having the clock restored and restarted.

I will put a number of pictures of the clock mechanism on the Village Web Site, <http://wherstead.onesuffolk.net/> and can provide high definition copies on request.

Robin Coates



More from Rev Foster Barham Zincke Wherstead Town House

Rev Zincke records that the Suffolk antiquary, D E Davy, was staying with Rev Zincke's predecessor at Wherstead Vicarage. While there D E Davy found an old overseer's book; the entries beginning in 1708. Extracts read '1713, for half a load of broom for mending the roads, 2s. (Then the road between Ipswich and Manningtree was not repaired with stone but with faggots). '1715, this is the last entry of Sir Edw Coke being rated in Wherstead'. Davy's records mainly refer to matters connected with the 'towne house' and 'towne lands'. '1729, Petty rents for the towne house, £6.9s.6p'. For water for the towne house, 4s.' '1735, received from Madam Brand, for the towne house orchard, £1.5s. 'Received from Captain Brand, rent for the towne yard, £1.5s. '1744, received for the towne land, £1.2s.6p.

Rev Zincke couldn't find anything out about the towne house and land until he asked his friend, David Double now 76, if he could remember it. David did and told him that the towne house stood where the keeper's cottage now stands, at the east end of the village street. That it had three tenements, a considerable orchard, and that about 130 years ago, when the Gilbert Union was built at Tatingstone, the town land and house were absorbed into the Wherstead estate.

Hints for your barbeque this summer

Fresh herbs bring life to summer dishes but you can double their fragrance by burning a handful in the coals to create a rich, heady aroma. Use stalks and leaves that are slightly beyond their 'sell by' date; woody herbs such as rosemary, thyme and sage work best.

Stop fish from sticking to the grill by laying down thin slices of lemon first. These will keep the flesh moist and protect it from the flames.

Marinate. It's the most fool proof way of keeping the flavour in your meat, poultry, fish and vegetables. Marinate preferably overnight but even ten minutes will make a difference.

Wrap root veg in foil, pricking the outside first, then lay them in the coals. Serve with your choice of main course.



Dear Friends

It has often been said: *We live in interesting times!* We certainly do, Brexit, Donald Trump, Vladimir Putin and Kim Jong-un all seem to be conspiring to make life more interesting and even turbulent. But despite all this the words of Harold “Super-Mac” Macmillan still hold true: We’ve never had it so good!

On the 8th May in the church calendar we remember Julian of Norwich. It was on the 8th May 1373 that a 30-year-old woman suffering from what was considered a terminal illness experienced a series of visions which revealed aspects of the love of God. Following her recovery, she spent the next twenty years of her life reflecting on these visions and writing down what she had learned from them.

Julian of Norwich lived through “interesting and turbulent” times. In her life time half the population of Norwich had been carried off by the Black Death, the Hundred Year War had been going for 36 years and the Peasants’ Revolt was on the horizon.

The consistent and overwhelming message Julian receives through these encounters with Christ is simple: that God is purely and wholly love, and that, despite all the uncertainty and fragility of life, ultimately the love of God will triumph.

That is perhaps a good insight for us to keep hold of as well. Six centuries after Julian, our world is a very fragile and precarious place too. But the God who loved and cared for the world of Julian loves and cares for our world too, and therefore, in Julian’s own words, “All shall be well, and all shall be well, and all manner of thing shall be well”.

Black Death, Hundred year war! Yes maybe we really have never had it so good.

I remain

Your (optimistic) friend and rector

Geoffrey

**St Mary's Church
Wherstead
Rev Geoffrey Clement
15 Denmark Gardens, Holbrook 01473 327141**

Church Wardens

Mr G W Paul	Mr K Widdick
Bluegates	504 Wherstead Road
Wherstead	IPSWICH
IPSWICH	
01473 601920	01473 688554

Church Collections

January	£283.35
February	£274.00
March	£156.00

**Entry from Records
None**

ST MARY'S CHURCH ORDER OF SERVICES

Date	Time	Service
May		
6th	3.00pm	Rogation
13th	11.00am	Holy Communion
27th	11.00am	Informal Service
June		
10th	11.00am	Holy Communion
24th	11.00am	Informal Service
July		
8th	11.00am	Holy Communion
22nd	11.00am	Informal Service



**WHERSTEAD
MAY TO JULY 2018**

Sidesmen

Mr K Widdick
Mr G W Paul

Mr K Widdick
Mr G W Paul

Mr K Widdick
Mr G W Paul

St Mary's Church

A warm welcome to all readers. To update you regarding the urgent repairs, we have received two grants which will enable us to start repairs to the roof. Not all bids for funds have been successful but we are pursuing others.

Rogation is fixed for 6th May, Rogation Day, and trailers are booked. Please come along to the church to begin, 3pm, for a short informal service and then to The Room for the Bring and Share Tea after travelling the countryside seeing bluebells and the beauty of the countryside. We seem to be the only church which runs this event, become part of a unique experience.

The Dawn Chorus will have been happening that morning with the early start of 4.30pm. If you can make it, we'll look forward to seeing you. If not, come to the Rogation in the afternoon.

We are currently experiencing some warm weather. This has brought on the slow start of spring to something like 'April is bursting out all over' - more June type weather than this! But it is good to see the trees now covered in a green haze, to hear the happy song of birds now busy with nest building and raising young. Look around, see the rebirth that has happened after the dark of winter.

Become a Morning Lark

Wake up pre 6am. Early rising can really have an impact. 'Larks' are typically a healthier weight, happier and less likely to suffer from insomnia. A study in the US revealed that those who get up with the sun are more proactive. You start the day on the right foot and have more working and waking hours to get things done. Motivation and will power are found to be stronger in the morning too.

Waking up with the birds usually allows you some quiet time. You can plan ahead, and those moments of calm may set you up for the rest of the day. Research shows the imaginative part of the brain is most active immediately after sleep, while the editing and memory retrieving parts function better as the day goes on.

Royal Firsts

During their visit to Australia and New Zealand in 1970, the Queen and Duke of Edinburgh initiated a new practice - the walkabout - to allow them to meet as many people as possible.

When fire broke out at Windsor Castle in 1992, causing damage to the Queen's Private Chapel and apartments, the Queen allowed the state rooms of Buckingham Palace to be opened for the first time to the public during the summer. The initiative was to raise funds to help repair Windsor Castle, however it's a practice that's continued every year since.

There is now a British Monarchy website, launched in 1997, allowing a global audience to learn more about the role and work of the Queen and the Royal Family.

The Queen also introduced a new breed of dog, the 'Dorgi', when one of Her Majesty's corgis was mated with a dachshund named Pipkin, which belonged to Princess Margaret.

Forthcoming events

May 6th

Dawn Chorus

Wherstead Churchyard

4.30am

Led by Ian Peters

Bacon rolls and coffee/tea

Donations to the church please

Open Gardens

Wherstead

15th July

A £5 program bought

at your first garden visit

will give entry to all gardens

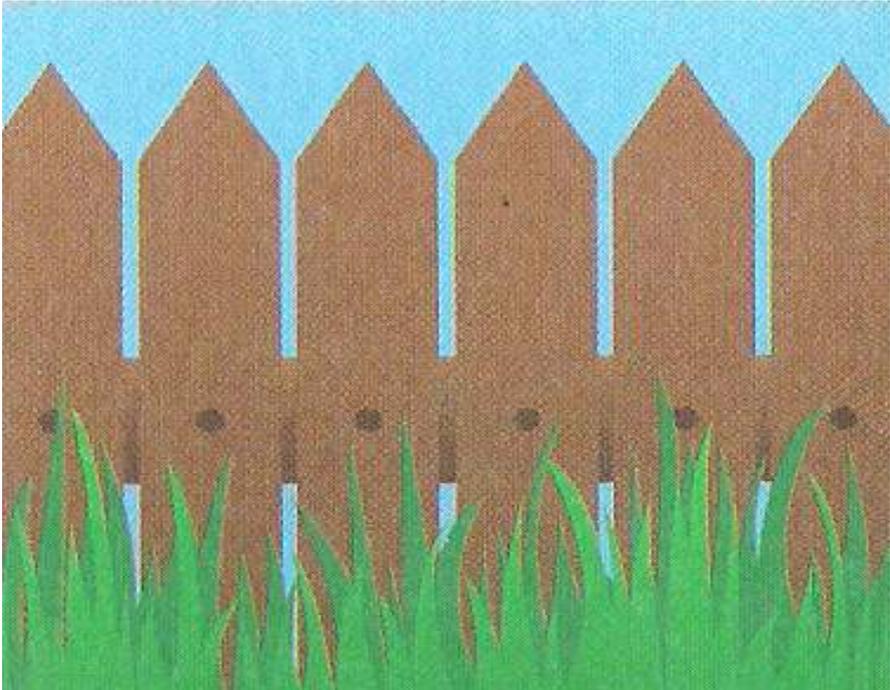
Gardens will be sign posted

and a map will be included

in the program

**These events are part of the Church Fundraising for the repairs
needed**

Please support us



J.T Garden Services

Justin Theobald

Professional Garden
Maintenance

Telephone - 01473 685560

Mobile - 07530423738

Email

justintheobald@hotmail.co.uk

Nature

For years we have relied on the sea to provide for us without giving thought as to what needs to be carried out to look after it. Work is now being done and the Government has committed to creating a network of Marine Protected areas, nature reserves at sea.

Nine Marine Conservation Zones have been established in the English North Sea region. Two sites, currently being considered, are in Suffolk waters, Orford Inshore and Alde Ore Estuary.

A decision as to the next 'reserves' is due in 2019.

Grasshoppers are difficult to catch because they have five eyes and three sets of strong legs and can jump 20 times their own body length. They do not have ears, but receive noise vibrations through an organ called a tympanum on their abdomen.

The 2017 RSPB Garden Birdwatch resulted in over 11,000 people in Suffolk joining nearly half a million others across the UK in recording more than eight million birds. Gardens are becoming an invaluable resource for most of our common British birds.

Summer Holidays Camping

Camping is a cost effective holiday either here in Suffolk or around Britain. There are seaside sites in Hampshire, Cornwall, Gwynedd and Lancashire.

Wild sites can be found in Derbyshire, North Yorkshire, Lake District and the Scottish Borders.

You may want to 'glamp' it in Herefordshire, Devon, Cornwall, Norfolk, Rutland and North Yorkshire.

Family friendly sites can be found in Kent, East Sussex, the Gower Peninsula, County Down in Ireland and at Swattesfield, near Diss, here in Suffolk.



Small breweries

The spread of small breweries across the country is increasing. Small breweries are appearing worldwide from St Petersburg in the east to San Paolo in the south. Italy, not previously known for great beer, now has more than 1,000 small craft breweries.

France has more than 800, opening at a rate of 100 a year. Spain has seen numbers increase from just 21 in 2008 to around 400 today.

The craft beer scene is alive and busy in South Africa, Brazil, Vietnam, China and Australia. Just about everywhere!

Beer seems to compliment a barbeque - cheers.



Stay safe in the Sun

After months of dull and overcast weather, it's human nature to react to the first sign of sun by peeling off layers and stretching out to bake. Skin cancer is now the most common cancer in the UK and there are myths around that put our health at risk.

Being dark skinned is not a barrier to sunburn. Dark skins can also be affected by sun-induced premature ageing, such as wrinkles and dark pigmentation spots. You do not have to soak up lots of sun to increase your Vitamin D level. You only need brief exposure, such as a 15 minute walk to boost daily levels.

Darker sunglasses do not protect your eyes. Dark lenses let in more harmful UV light. Use sunglasses that have 100% UVA and UVB protection. Being in water does not protect against burning either, plus sunscreen washes off and you towel dry what's left.

Apply sunscreen regularly and wear a hat. Better weather is on the way, keep safe in the sun.

Historic Pictures of Wherstead

We would like to collect pictures of historic Wherstead to display on the Parish Web Site. If you have any that you think would be of interest, can you contact Robin Coates who will arrange for them to be scanned and uploaded.

Ideally we are looking for recognisable locations, characters etc. from around the village or any pictures which record an historic event that took place in Wherstead, e.g. the Queen's visit in 1961.

If you can also provide some information about the picture; when it was taken, the individuals in the picture, so it can be included alongside the image which would be really helpful.

Please ensure that any picture you provide is not subject to any copyright - thank you.

These images will be uploaded to the village website:
<http://wherstead.onesuffolk.net/>

Robin Coates

Tele: 07840610856

Email: robin@rpmconsultancyuk.co.uk

Martello Towers

Erected as a means of defence, Martello Towers were inspired by an ancient watch tower at Motella Point in Corsica. Here 103 were built; all have had various histories. The perceived invasion didn't happen so some were demolished, some claimed by the sea and some destroyed during artillery testing. The towers are scattered across Britain with a number of them in Suffolk.

Four still stand at Felixstowe either privately owned, and with one converted into a home. The Landmark Trust owns Martello CC in the south of Aldeburgh and is available as a holiday home. The tower itself is actually four towers joined together.

Landguard Fort in Felixstowe is another defensive build; housing complete regiments and sundry extras.

With Orford Ness, famous top secret island developing radar and testing various ideas through the war years, our Suffolk coast has been at the forefront of defence.

A Visitor to the Orwell continued

At the Cliff lives John Cobbold Esq., the father of our M.P. for Ipswich; and around him in every direction there is sufficient evidence of his enterprising and indefatigable spirit. But the Cliff is peculiarly connected with the history of that extraordinary woman, Margaret Catchpole - one instance of a thousand of a passionate and daring woman at last settling down into a useful and even ornamental member of society, by the power of a mind tutored and controlled by the strong arm of the law. It was on that spot where Margaret first entered into the service of that amiable lady, the late Mrs Elizabeth Cobbold; and there, upon that shore, it was that old Colson, commonly known by the name of 'Robinson Crusoe', the old fisherman of the Orwell, recognised her. We sail close up to the Cliff buildings, on purpose to enter the reach called the New Cut. We sketch Grove-Side, the Greenwich Farm and Hog Island. A short quotation from Margaret Catchpole, descriptive of this very point, will not be uninteresting: - 'It was Margaret's especial province to walk out with the children; to carry the young ones, and to lead now and then an elder one. A retired and pleasant walk it was at the back of the Cliff to 'Sawyer's, or Greenwich or Green-reach Farm; either along the river's side to the Grove or Hog Island, or through the farm-yard up the sandy hill, from the top of which Ipswich and its environs were so conspicuous'. *To be continued*

A Quiz for Valentines Answers

Said to have been beheaded on 14th February 273, Saint Valentine was a bishop from which country?

Italy

The opera director Sophie Hunter married which British actor on Valentine's Day? **Benedict Cumberbatch**

St Dynwen's Day - the Welsh equivalent of Valentine's Day - is celebrated on the 25th day of which month? **January**

A mysterious visitor who knocks on doors and leaves gifts on 14th February, Jack Valentine remains a popular figure in the folklor of which English county? **Norfolk**

The gruesome 1929 St Valentine's Day massacre took place in which American city? **Chicago**

Used as a favourite Valentine message, 'A Red, Red Rose' is a lyrical poem written by which 18th century Scot? **Robert Burns**

Born Richard Maxwell in 1929, singer Dickie Valentine had two UK No 1 hit singles. Name either. **Finger of Suspicion/Christmas Alphabet**

Which monarch made Valentine's Day a holiday in all England by a Royal Charter signed in 1537?

King Henry VIII

Wild Cherry

When seen in dreams this was a bad omen meaning inconstancy. A person on the lookout to make use of opportunity is said to have 'a ready mouth for a ripe cherry'. Regarding women, 'a woman and a cherry are painted for their own harm'.

Rowan

If a dairymaid could not quickly make butter, she stirred the churn with a rowan twig, and beat the cow with another to break the witches spell.

Bramble

The Cormorant was once a wool merchant. He entered into partnership with the bramble and a bat. They freighted a large ship with wool. She was wrecked, the firm becoming bankrupt. Since this disaster the bat skulks about in the dark to avoid its creditors, the cormorant always dives into the deep trying to discover the founded vessel, while the bramble catches hold of every passing sheep making up his loss by stealing the wool.

Enjoy your spring and summer; listen for the first cuckoo, catch sight of the swallow returning from sunny climes - it's time to work, rest and play outdoors

Next copy date July 5th

Diary Dates

May

3rd Peninsula Pix, 8pm Tattingstone Village Hall
10th Wherstead Walkers, 10am Oystereach Car Park
15th Parish Council Meeting, 7.30pm The Room
17th Getogether, Orwell Yacht Club 10.00am
24th Wherstead Walkers, 10am Oystereach Car Park

June

7th Peninsula Pix, 8pm Tattingstone Village Hall
14th Wherstead Walkers, 10am Oystereach Car Park
21st Getogether, Orwell Yacht Club, 10.00am
28th Wherstead Walkers, 10am Oystereach Car Park

July

5th Peninsula Pix, 8pm Tattingstone Village Hall
12th Wherstead Walkers, 10am Oystereach Car Park
19th Getogether, Orwell Yacht Club, 10am
26th Wherstead Walkers, Oystereach Car Park 10am